

# Week 1

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Main Meal**

**#One**

Mac & Cheese  
Bar with  
toppings

Sausage &  
Mash Potato  
Onion Gravy

Indian Style  
Curry  
Steamed Rice  
Naan Bread

Turkey Roast

Fish & Chips  
Tartar Sauce

**Main Meal**

**#Two**

Broccoli,  
Cauliflower

Veggie Cheese  
& Egg tartlet

Cheese Flan  
Mashed  
Potatoes

Fish & Chips  
Tartar Sauce

**Desserts**

Chocolate  
Beetroot  
Brownie

Bakewell Tart

Carrot Cake

Treacle Sponge  
& Custard

Lemon Drizzle  
Cake

**Salad Bar**

Karen's Salad Bar  
available Mon-  
Thurs selection of  
freshly made  
salads



**Jackets**

Jacket potatoes  
with a selection of  
fillings including  
cheese, beans  
tuna



**Allergies**

Please speak to our staff if you have any allergies & need to know what is in each of our dishes. They will advise you on your available food choices.

MEAL  
DEALS  
£2.60

# Week 2

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Main Meal**

**#One**

Lamb Meatballs  
in rich sauce  
Penne Pasta  
Salad & Garlic Bread

Mexican  
Chicken Fajita  
Salsa, Guacamole &  
Sour Cream

Chinese Style  
Curry with  
Steamed Rice

Roast Chicken  
Roast potatoes &  
seasonal veg

Chicken Burger  
& Fries  
Peas/Mixed Salad

**Main Meal**

**#Two**

Veg "Meatballs"  
in rich sauce  
Penne Pasta  
Salad & Garlic Bread

Mexican Veggie  
Fajita  
Salsa, Guacamole &  
Sour Cream

Prawn Crackers,  
Baby Corn,  
Mangetout

Open Vegetable  
Tart  
Roast potatoes &  
seasonal veg

Vegetable  
Burger & Fries  
Peas/Mixed Salad

**Desserts**

Lemon Drizzle  
Cake

Chocolate Tart

Seasonal Fruit  
Salad

Apple Crumble  
& Custard

Assorted  
Muffins

**Salad Bar**

Karen's Salad Bar  
available Mon-  
Thurs selection of  
freshly made  
salads



**Jackets**

Jacket potatoes  
with a selection of  
fillings including  
cheese, beans  
tuna



**Allergies**

Please speak to our staff if you have any allergies & need to know what is in each of our dishes. They will advise you on your available food choices.

MEAL  
DEALS  
£2.60



# Week 3

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Main Meal**

**#One**

Lasagne  
Salad & Garlic Bread

BBQ Chicken  
Potato Wedges

Thai Style  
Curry with  
Fragrant Rice

Roast Gammon  
potatoes & seasonal  
veg

Beef Burger  
with Chips  
Peas

**Main Meal**

**#Two**

Roast Veg  
Lasagne  
Salad & Garlic Bread

Filled Roasted  
Peppers with  
Couscous

Vegetable Filo  
Basket  
New potatoes &  
seasonal veg

Fish Cake  
Salad, Coleslaw

**Desserts**

Fruit Flapjack

Chocolate  
Sponge  
Chocolate Sauce

Fruit Salad &  
Cream

Mixed Berry  
Crumble &  
Custard

Chocolate  
Krispie Cake

**Salad Bar**

Karen's Salad Bar  
available Mon-  
Thurs selection of  
freshly made  
salads



**Jackets**

Jacket potatoes  
with a selection of  
fillings including  
cheese, beans  
tuna



**Allergies**

Please speak to our staff if you have any allergies & need to know what is in each of our dishes. They will advise you on your available food choices.

MEAL  
DEALS  
£2.60