

THE FULLHURST FORUM

Your Student Newspaper

The first 'Fullhurst Forum', by us, the students!

Celebrating School Trips

Paris Trip

by Emily Headley

At 5 am, the coach left Fullhurst. Everyone was excited and tired at the same time so we were all very eager to get on our way. After a while on the bus, we stopped at a service station in Kent for a Costa and to buy some sweets from M&S before heading to Dover to catch our ferry. The ferry turned out to be running behind schedule so instead of catching the 10:15 ferry we got on the ferry at 11:30. On the ferry, a number of us visited the shop and Starbucks however some were sea sick including our very own Oliver Pearce.

We arrived at Calais later than expected and when we were back on the coach, Mrs. Kane put a couple of films on to entertain us for the second leg of the journey. We finally arrived at the PGL at around 7:30 where we were allocated rooms before going to dinner. On the Friday night, most people stayed up until about 2 in the morning chatting to their friends in their dorms prior to falling into a well needed sleep. On Saturday, we were meant to head into Paris but ended up doing a town trail around Brie, Fontainebleau and the highlight of many people's day, the hypermarche.

At Fontainebleau, we walked around in small groups and some of us had a history lesson from Miss Barratt about the Chateau. The hypermarche was a shopping centre much like Leicester's own Beaumont Leys shopping centre- it had a McDonald's, a Sephora and a Carrefour- to name a few. On Sunday, we went to Paris where we wandered around Notre Dame and went up the towers. It was really high up! When we weren't up the towers, we went to the shops along the street next to Notre Dame where I bought a delicious rose ice cream (even though it was December).

Later we went on the river cruise and saw the sights of Paris from the water. After that, even though we didn't think that we would make it, we went up the Eiffel tower and gazed at the view, just as the sun was setting casting a lovely shadow over the city, perfect for taking some perfect photos. When we



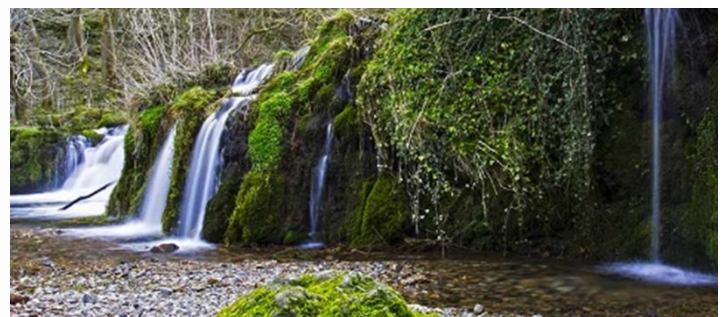
returned to the accommodation, we had dinner before making crepes. They were really tasty! Later that evening, we all packed our bags, ready to leave in the morning. It was bittersweet really, knowing that it was our last night in France but knowing that we would have heaps of fun at Disneyland the next day.

On Monday, we all woke up early to tidy our rooms up, ready to go to Disneyland. At Disneyland, we went to the Walt Disney Studios Park to begin with and then we went to the main park in the afternoon. At the main park, I went on the Hyperspace Mountain, the Pirates of The Caribbean and the teacups – just to name a few! Later on, we went to join the rest of the group at the parade and then went to McDonald's.

We then got back onto the bus and sat down waiting for the long journey home (I didn't sleep for any of it!) and was very tired when I got home. Overall, I loved the Paris Trip and really want to go again and I would like to give special thanks to Mrs. Kane for organising the Paris Trip and to Miss Barratt, Mr Modi, Mr Golhar and Ms Graham for also putting up with all of us for the whole weekend

Year 8 Monyash Trip

On Tuesday 30th April, Wednesday 1st and Thursday 2nd May, year 8 visited Monyash in the Peak District. Set south of Buxton, the Lathkill Dale is a valley with the River Lathkill running through it. We walked 5.2km in total, this is from the car park to the waterfall (pictured above) where we had lunch and back to the buses again. All of year 8 have now been to this picturesque area and really enjoyed it.



Unsung heroes of Fullhurst Community College

by Oliver Pearce

In this section, we interview some of the unsung heroes of Fullhurst Community College. For this issue, I spoke to Mrs Buttery, Miss Brennan & Mr Richards.

MRS BUTTERY

What is your job title and what does it involve?

I am the Learning Resources Centre Manager. My job involves keeping library records up to date, looking after the technical equipment, keeping track of the books that are on loan. I set up the Kindles for reading classes, and, most importantly I encourage students to read for pleasure.

Do you feel like you are sometimes overlooked?

Well, for a lot of students, the library isn't as important as it could be, and some of the subjects could make more use out of the library.

When did you start working at Fullhurst?

Crikey, Long, long time ago. I started working at Fullhurst in 2009, I think. I started off as PA to the Principal.

What does an average day involve?

The library is open from 8:15 until 4:00 so there are students in the library before and after school, and at breaktimes and lunchtimes. I have to supervise them and help with homework. Four out of five lessons a day, we have English classes in to read from Kindles or to do Accelerated Reader so I have to make sure the room is ready for them. I have to research books that are being published and order them in.

Do you ever feel like quitting your job?

Not really.

What do you enjoy most about your job?

I think the best thing is when somebody brings back a book that you have suggested and they have enjoyed it and want to borrow the next one. I also enjoy reminding students how much they love reading.

MISS BRENNAN

What is your job title and what does it involve?

I am a receptionist here at Fullhurst and my job involves answering calls, greeting and signing in visitors and other various different admin day-to-day duties.

Do you ever feel like you are overlooked?

No, I work in an amazing team and we all support each other where we can in both receptions.

When did you start working at Fullhurst?

I started working at Fullhurst in December 2011, 7 years ago.

What does an average day involve?

Signing in any visitors, running daily reports, ensuring reception is tidy and dealing with any lettings, queries or bookings.

Do you ever feel like quitting your job?

No. I enjoy working here at Fullhurst as every day is different.

What do you enjoy most about your job?

Helping queries that parents/carers have and seeing them get resolved.

MR RICHARDS

What is your job title and what does it involve?

My job title is Reprographics Technician and it involves keeping the school supplied with a variety of printed material in a cost-effective, professional, timely manner.

Do you feel like you are sometimes overlooked?

No, rarely. I have a lot of interaction with most staff who are appreciative of the timely turn-around we provide. Most staff show their appreciation. Most students are very polite, but some, particularly the younger ones, are a little bit nervous when approaching us.

What does an average day involve?

A lot of printing! Printing from teachers requests for material for their lessons. Designing and printing certificated, posters, worksheets, postcards etc. Keeping the school copiers supplied with paper, card etc. Requests can range from a few dozen worksheets to reward cards or notices. The quality and broad range of items possible is notable. Work may be single-colour, full-colour, stitched, folded, hole-punched, laminated, bound... all on a variety of stock materials and finishes.

When did you start working at Fullhurst?

I started working at Fullhurst in September 2016, but previously to that I have been a graphic designer for 20 years!

Do you ever feel like quitting your job?

No, I absolutely love my job.

What do you enjoy most about your job?

The interaction with a lot of staff members, the fast pace and the opportunity to create cost-effective, quality material.



Fullhurst is
FUN

Fullhurst is
FITNESS

World News

by Oliver Pearce

What's on everyone's minds: Brexit!

Your simple guide to the UK leaving the European Union:

What is the EU?

The European Union (EU) is a club of countries in Europe. They have a special agreement regarding trade (what one country exports to another) and citizens of EU countries can freely travel to any other EU country without a visa.

Why are the UK leaving the EU?

The UK voted whether or not to leave the EU on 23rd June 2016, and Leave won by 52% to 48%. Then – Prime Minister David Cameron resigned soon after the result was announced. A lot of people are angry about this, because they think that David Cameron should have announced that if there was not a clear majority, then the result does not stand.

What happened next?

Two words: Theresa May. She took over office in Downing Street 20 days after the original referendum as the new Prime Minister. On 29th March 2017, she signed Article 50, which was supposed to mean that Brexit will definitely happen (!) The next two years was for Mrs. May to negotiate a deal with the EU, or her country would crash out of the EU without a deal.

Why do we need a deal?

We need a deal that is approved by both our MPs and the EU, to decide how we will trade (see above) with the EU once we have left. In December 2018, Theresa May finally got a deal approved by the EU, but many people did not like this deal, and she failed to get it through the UK parliament twice, in January and March 2019.

What's going on now?

The EU has allowed the UK to extend Brexit until 22 May if MPs back Theresa May's deal (not likely!), or until only 12 April if they don't. Recently, the UK and the EU agreed to extend Brexit until 31 October. That'll be a spooky Halloween surprise for us all!



In other news: Syrian War

Your guide to the conflict

What was the Syrian War?

The Syrian War was a conflict in (believe it or not) Syria. It started in 2011, and ended recently. It was contested by multiple forces, most notably the Syrian Government and their allies, and Syrian rebels who do not agree with the government. Countries such as the United States (who else?), Russia and even the UK were involved in the war and bombing Syria.

How did the war start?

From March to July 2011, civilians in Syria were in an early stage of protest about socioeconomic stressors dating back to conflicts in Iraq, amongst other things.

Who was involved in the war?

The two main belligerents in this war are the official Syrian military, and Syrian rebels (see above). Turkey joined the war in 2016 to support the rebels, and Iran, Russia and Hezbollah (a Lebanese extremist party) joined the war in support of the government.

How did the war end?

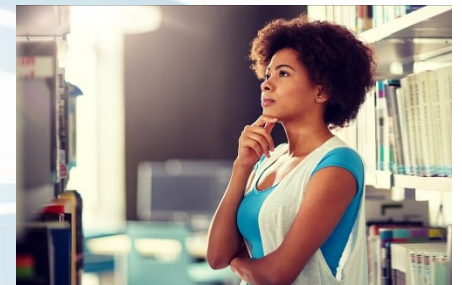
In late 2018, Donald Trump announced the US's withdrawal from the war, followed by successful Iraqi strikes on ISIL targets. The war officially ended in February 2019.

Empowering Women

by Rasha Dosa

Throughout the centuries, the way women have been viewed has changed drastically. Until just recently, women have been viewed by the male gaze. It was only in 1920 (1965 for minorities) that women got the basic right to vote. A basic human right that everyone should have from the start. Now, as it's 2019, women in many countries around the world have just as many rights as men, although some countries still don't provide the opportunity.

This past century has been one of the best for women. They have gained the right to vote, being able to become a lawyer or accountant, being considered equal to their male counterparts. Through the past century, women have been made equal to men. Well, almost equal.



Although women have gained many rights, they still aren't considered completely equal. A recent actress, Michelle Williams, had gone to the news about receiving 1% of her male co-star, Mark Wahlberg's, salary. It's a common misconception that women receive the same salary as their male counterparts in all jobs. In most jobs, they do but the salary gap is very real. It's not commonly spoken about but it does happen. Women in Saudi Arabia have only just been able to drive. In a perfect world, women would be equal but unfortunately, we do not live in a utopia. Some women are still thought of as less in many countries across the globe.

But women can come together, empower each other and pick each other up. In many cultures, women still think that they need a husband to be strong. That they need someone to protect them but women aren't damsels in distress. They can be damsels, they can be in distress but women can learn to be able to handle it. Women can help empower ourselves and one another.

Fullhurst is
FANTASTIC

Redemption

A poem by Daisy Heard

On booze, cigarettes and drugs,
I've wasted my life.
So, I've made a will,
To set it right.
I don't have any possessions,
Nothing to call my own.
I lived on the road,
Calling the dirty streets, my home.
I have nothing that I can give,
That has any physical value.
No jewels or pearls or gold,
But that's not an issue.
I would give my body,
But no one deserves that.
It's just too old and corrupt,
All organs, rotted and black.
I'd give my lungs or liver,
To someone in need.
Or my eyes to a blind child,
To help them see.
I'd give away everything,
All of me.
But it's in no condition,
To help anyone heal.
So, I'll give something better,
Things I won't need once I've died.
Determination, happiness,
Suffering and Pride.
Release my possessions,
Into the universe.
And hope that one day they'll,
Relieve someone of their curse.

A Friend In Need

By Lucy James

"Come on, Betty!" I called down the hallway, fumbling for my keys. "We're going to be late." She, however, took little notice and ambled through the door into the chaotic morning rush. Eager to not miss my bus, I followed, walking briskly into the busy streets.

The city was awakening – the hum of the traffic and the chatter of the people and the song of the birds were all tell-tale signs of a new day. As I hurried along, Betty now by my side, the sweet aroma of freshly baked goods drifted out from the local bakery, momentarily distracting me from my inevitable lateness. Caught in a day-dream, I continued along my usual route, the sun's radiant rays warming my skin.

This trance came to an abrupt end though as the piercing ringtone emanating from my phone dragged me back to reality. Turning a corner, I snapped sharply, "Yeah? I know what time-". Without warning, I was cut off mid-sentence by the blaring horn of a car.

I froze. Time froze. What was seconds felt like an eternity. Instinctively, my eyes snapped shut as beads of sweat dripped down my forehead. My fingers had turned to butter, causing my mobile to crash to the floor, confused voice still echoing through the speaker. My mind was numb; the ability to focus had suddenly become a luxury. Like a rabbit caught in headlights, fear had paralysed me.

As if it was moving in slow-motion, I felt the car edge gradually closer. Its breaks screeched in protest whilst its horn, with one final plea of desperation, attempted to alert me of the incoming danger. Unable to react, I knew that this warning was in vain. I knew that the impact would be fatal. I expected it to be over. But it wasn't.

A firm tug on my wrist pulled me back to safety, rebooting my senses. Stumbling madly over the curb, the rush of wind from the car sent me into a fit of spluttering. Surrounded by murmurs of concern, I sat on the pavement, trying to recover. Realising that my eyes were still clamped tightly shut, I blinked but the world refused to go into focus...

All was dark – as per usual. Stood beside me was Betty, my guide dog, panting heavily after the morning's disarray. Resting my trembling hand in her fur, she continued to guard me, watching intently to ensure my safety. Something which, when alone, was impossible.

Blindness, to some, is a curse. To be stripped from such a simple talent that is taken for granted by most can seem so inhumane. To be forever viewed as a cripple can break those with the thickest of skins. A guide dog, nonetheless, is oblivious to this 'flaw'. To Betty, I was a best friend, someone who she was selflessly willing to endanger her own life for. Her acts of heroism meant I was here today. With ambulance sirens wailing in the distance, I decided that grateful was an understatement.

May Half Term, Teen Holiday Guide

by Ishika Sharma

Are you bored and tired with nothing to do? Well, follow this exclusive guide to ensure that you make the most of your holiday! Maybe it is nothing like going to Hawaii, but if you can't go there then make the most out of here.

Homework – Just Do It!

Before you start complaining – it is easier to get homework done and dusted on day one - so it is over and done with. Then, you can do whatever you want, without stressing over homework. It is best to do it on Day One of the holidays as the work is still fresh in your mind. If you leave it to the last minute, chances are you're going to forget you even have homework – and maybe even forget what homework IS!

Sport – Get Active!

"Why?" you may ask, my friend. Well, for 2 weeks you're probably going to be stuffing your face with junk food! Why not go for a jog around the block? You could even go hiking. If you don't like that sort of stuff then you could download the app "just dance" and dance along like mad with the latest or your favourite beats. It's a great way to burn off energy and stops you becoming lazy. Exercise releases endorphins which can raise your mood too!

Jokes

Oliver Pearce

When should you go on an all-cheese diet?

Do you know why there are always fewer brown sugar cubes?

What do eskimos use to search things up?

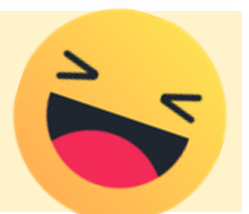
How does Moses make his tea?

When you need to cheddar few pounds!

Because Demerara!

The winter net!

Hebrews it!



Spring Mini-Break!

Britain is all set for sunshine and BBQ! Not for long though as mid-week, temperatures are to plunge with cold chills being brought from the Arctic. Many areas in the UK will enjoy warm weather across the weekend with temperatures reaching 16 degrees. Warm weather means BBQ and beach trips-however people heading out for a swim may want to have second thoughts as the water may be on the chilly side.

People who have hay fever will need to be careful as pollen levels will be soaring, particularly in Wales and south-west England.

The country will be split between the best weather as the West and South-west will be warm and in Scotland will be patches of rain and cold wind, brought from the North Sea.

Met Office Forecaster, Marco Petagna said: 'There is very much a northeast and southwest divide this weekend, with Scotland seeing cloudy and colder weather and patchy rain through the day and south west England and Wales seeing drier conditions.'

Gender Pay Gaps

In some companies, male workers are paid more than female workers. Many people have addressed this issue, but what exactly is the gender pay gap, and what is the full story? In many companies and industries (75.5% roughly) have made their payment for men and women equal as they realize their workers capacity is the same but even now some industries pay women less: it isn't a drastic amount, but women are paid 5-10% less than their male colleagues. The companies which have been asked, all had different reasons, but they more or less fell in the same field: women don't stop working in those fields. Despite this issue, women still work there showing the company that they don't necessarily have a problem and as the company is still getting female workers, they don't bother changing the salary. Another reason they said was that women have children which means they work less than men as they take months off to care for their children.

Entertainment

In the glamorous world of superstars, we see Kylie Jenner and Travis Scotts relationship 'being stronger than ever' as all broken bonds have been mended. It is also official that 'P.S. I still love you' is being filmed and will be expected to be released on Netflix some time next year. Fans are going crazy over the latest teaser which has been dropped for Avengers: End Game. 'I am on the edge of my seat; it is the only reason I am living' claims a fan.

All the way in Bollywood, former actress Mayoori has joined Google as Indian Head. Priyanka Jonas Chopra and Sophie Jonas call themselves the Jonas sister as they celebrate the new release of their husbands' songs (the Jonas Brothers) 'Cool'.

Ant is back!

On the great show, Britain's got Talent, a former host reunites with the judges.

Former host reunites with Britain's got talents judges after his break from his job. With no surprise, were all Ant's co-workers happy to see him and shared their delight when talking to Lorriena in an interview, later after they met. Simon Cowell said: 'That's when you know it's comfortable because it's just like we are all back together again, we are all friends.' Simon spoke about how Ant was missed for both his stupidity and comedy and how he 'completes the BGTs family.'

That's when you know it's comfortable because it's just like we are all back together again, we are all friends'

Dec, a very close friend to Ant, was also moved by Ant's return and Simon said, 'Yh we really threw Dec out there last year. I feel for him.' Amanda Holden also said in the same interview, a few months later, 'We are so glad he is back, and he looks so much better, so much healthier'.

Our health...

Our health is extremely important and so is how we care for our self, both physically and mentally. Millions of people lose their lives because of the lack of care and health they get from other people and sometimes from themselves.

Exercise also plays a major role in having good health. Even people who aren't amused by the idea of a workout, can do simple exercise to help keep their blood flow normal and to reduce their muscles from stiffening.

A very basic and simple exercise to do is down ward facing dog: this pose helps stretch all your muscles and relaxes the brain as the blood flow slows down. Squats are also very good as they strengthen the lower bodies muscles and keep the body active and fit and healthy in the long run

Every day, people are dying due to the lack of health. Many people are quick to blame the NHS, but it isn't necessarily their entire fault: the blame can be equal shared with you as well. People can oversee the importance of a good diet and exercise plan: here are a few tips on how to stay (both mentally and physically fit) away from the doctor and have a long healthy and happy life.

Drink more water! By a minimum, you should drink 2 liters of water and if it is warm, then more.

Have a balanced amount of fruit and vegetables in your diet and don't eat when not hungry.

Reducing the amount of sugar, you eat is also beneficial both physically and mentally.

Sports

It has been crazy this week in sports, with Wolves beating Man United (2-1) and Chelsea having a clear win against Brighton (3-0). We also see the injured Brazilian star, Neymar Jr, re-join PSG in training after his 6 months off due to his leg injury. In cricket we see Mumbai Indians beat Chennai Super Kings by 37 runs. In rugby we see Bath beat Bristol by 7 points.

Next week it is all about the Champions League: who will win between the remaining team? Will it be Tottenham or Man City; Liverpool or Porto; Juventus or Ajax and finally, Man United or Barcelona



THE SILENT TWINS

by Mila-Milena Bojarinova.

Who are the silent twins?

June and Jennifer Gibbons, known as the silent twins, have been a source of inquisitiveness ever since their inexplicable story made headlines in the '80's and '90's.

Why were they a source of curiosity?

Twins often have a strong bond but these girls took it to a whole new level of insanity. The girls rarely spoke to anyone but one another and they were eventually institutionalized due to their vicious actions. Years later the two tranquilly stated that one of the twins had to die and then outwardly for no reason whatsoever, Jennifer did just that.

So what happened to Jennifer?

The cause of Jennifer's death has never been notorious, so the destiny of the silent twins remains clandestine. Due to their violent relationship, some believe that June had something to do with her sister's passing while others believe it was a suicide. Whatever happened, the story of the silent twins is mesmerising.

Diary entry reveals a murderous hatred

"Nobody suffers the way I do, not the way I do, not with a sister; with a husband, yes; with a wife, yes; with a child, yes, but this sister of mine, a dark shadow robbing me of my sunlight is my one and only torment" This is a quotation taken from June's diary.

The intense bond between the two girls was not always a good one. In fact, the girls seemingly held a lot of disdain for one another and often their relationship. June once wrote that her sister was driving her insane and that she feared her greatly. Jennifer on the other hand, expressed her sediments that seem to have foreshadowed her untimely demise. Jennifer claimed that they had "become fatal enemies in each other's eyes". She described June as her shadow, writing: "Without my shadow, would I die? Without my shadow would I gain life, be free or left to die?"

They were institutionalised due to their increasingly volatile behaviour.

After leaving school, the girls became increasingly violent and unpredictable. They had begun drinking heavily, using marijuana, and often lashed out at each other psychically. June once tried to drown her sister in a local river and Jennifer tried to strangle June with a radio cord.

This behaviour is ultimately what led to the pair being institutionalised. In October of 1981, both the girls burned down a tractor store together and caused \$200,000 worth of damage. They then attempted to burn down a local technical college.



Jennifer calmly predicted her own death.

In March of 1991, journalist Marjorie Wallace visited with the girls, who were about to be transported to a lower security institution. While drinking tea, Jennifer calmly stated that they had decided for her to die in order for June to lead on a normal life. "Marjorie, Marjorie, I'm going to have to die" said Jennifer, Marjorie questioned her and Jennifer's simple yet terrifying answer was "because we've decided". So this tells us that the girls believed that they couldn't function in modern day society together, so one of them had to die. Upon the girls being transported, Jennifer was extremely unresponsive and was rushed to the hospital and later pronounced dead. The cause of death being natural as her drug and alcohol levels pointed in the direction that she was perfectly healthy. It was said to have been because of a sort of inflammation or swelling of the heart. Others think that June had something to do with her sister's death, while others think she committed suicide. June was asked about her sister's death, she said she lay on her shoulder and said she was going to die now and she fell asleep with her eyes wide.

Interestingly enough, after the passing of her sister's death, June had gone to live a normal life, she didn't need to be institutionalised anymore, and she moved near her parents and functioned in modern day society.

Jennifer's headstone

The headstone on Jennifer's grave was written by June, it's a poem and the poem says:

"We once were two,
We two made one,
We no more two,
Through life be one. Rest In Peace".

That's where the case runs cold, given the fact that they said they decided for one of them to die, given the talk from their diaries, it all leads to foul play, but Jennifer died of natural cause which just makes the destiny of The Silent Twins all the more chilling and scary. This is definitely a very fascinating case.

Confidence

by Rasha Dosa

Confidence is a great thing to have. By definition it is the “a feeling of self-assurance arising from an appreciation of one's own abilities or qualities”. Of course, there are many different definitions of confidence. Whether it's “the state of feeling certain about the truth of something” or “the telling of private matters or secrets with mutual trust” they all mean the same thing reassurance and trust. Reassurance and trust in yourself or in a person. For the sake of this article, we'll go with the first definition, the feeling of self-assurance arising from one's own abilities.

In a society where everything is a test, we shouldn't want to have confidence, we should need it. Confidence isn't just going to help you feel good about just finishing that exam or being brave enough to ask that person out but instead it's about feeling good about yourself. Confidence is about being able to look at yourself in the mirror with love instead of hate. Being able to make friends easily and having enough confidence to be the best you can be, striving to be the best person you could possibly be.

It's a bit ironic for me to write a full article on confidence seeing as I don't have lots of it but gaining confidence is a journey. It can't happen overnight. I hated my skin and weight growing up. I often thought about bleaching it so I could look pretty like the other girls and not eat as much so I can be skinny and even though I was 12, it was still a huge thought of mine. Overtime I started looking up to people who loved who they were like Rihanna, Lupita Nyong'o, Anok Yai and many more. These were people who embraced their dark skin and their culture and everything about them. That inspired me to go on a journey where I didn't just look up to tall, skinny, beautiful white women but also so many more dark skin, light skin gorgeous women that have broadened my view on what beauty actually is.

Gaining confidence isn't easy. No one with a low self-esteem can wake up the next day and love themselves. It's a long journey where you may will collapse and go back to negative thoughts but it's about being strong. Gaining confidence is about failing but then trying again. I am not a scientist or anything of the sort, but some things do work for me. For example, the things about myself that I can change, I began to. Well, am beginning to. My weight for example, I am beginning to eat healthier, I am beginning to change my clothing style to better fit my personality and the same with my music taste. Some may make fun of you about the way you dress or the music you listen to but a lot of the time, their music is terrible to you too. People can have different music tastes. Yours can be the best thing someone has heard while it can be the worst another person has heard. As long as you genuinely like what you do and the things that you do then why should someone, you are not going to see once you leave this school, matter?

Disco Inferno

a throwback to the '70s by Miss Dolan

Fullhurst performed the classic tale of soul-selling Faust, set into a 70s backdrop with its greatest disco hits. Parents at Fullhurst were transported back to their childhoods and the greatest decade of flared trousers, platform shoes and tie-die. In the school show, Disco Inferno, students brought to life the story of Faust with an explosion of hit songs, high-energy dance routines and hilarious quips.

The cast members injected the performance with a groovy style and chock-full of songs that inspired a generation. Backstage, before the performance, the air was practically brimming with nerves, whispers and a tense atmosphere of nervous energy. Performers were getting mic'd up, hurriedly practicing last minute line checks and fidgeting with costumes as they waited for the cue for their starring moment on stage.

I spoke to a cast member before the show about their feelings before tonight's performance:

“I guess I am feeling a bit nervous because I'm thinking about who I know the audience, I have my mum, sister and my best friend too are all coming to see it! We've practice for so long now its finally here, community feel. However, I am also feeling pretty confident as we've worked really hard and Miss Reynolds has put a lot of work in. We performed in front of three Primary schools – Inglehurst, Saint Mary's and Shaftesbury's and it went pretty smoothly – best results for a final minute run through.”

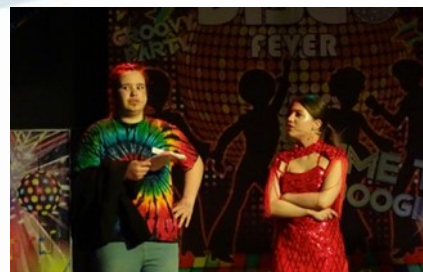
The audience was captivated from start to finish and our amazing actors set the stage alight. It followed the story of

Jack, a young wannabe superstar played by Bethany Bancroft, who sells his soul to the devil in order to achieve his life-long ambition of stardom.

Lady Marmalade is the classic 'femme fatale' played by Alise Maksimova who snatches his soul in exchange for a contract. Jane, Jack's devoted girlfriend played by Tabitha Whitehouse, eagerly waits for his proposal yet gets side-lined as music takes over his life. Pallak Saraswat played Duke, nightclub Owner and aging rocker, who gives Jack his once-in-a-lifetime dream of performing at his nightclub – shooting him into stardom.

Tom, his life-long and slightly nerdy best friend, played by Oliver Pearce, is his right-hand man who struggles over his relationship with Maggie, played by Elizabeth Wainwright. Heathcliffe, the egotistical malevolent singer, played by Rasha Dosa, is Jack's rival in the music bizz and his long-suffering girlfriend played by Ishika Sharma, makes a play for Jack, causing all sorts of drama. Noah Bown plays the smooth-talking Terry, who swipes Jane from under his nose when Jack is too busy with music to pay any attention to her.

The School Show was a resounding success - the standing ovation when the curtain was drawn said it all! A huge congratulations is in order to Miss Reynolds and the cast and crew for all their hard work!



Music

Single Review: Alter Bridge – In Loving Memory

In Loving Memory features on Alter Bridge's 2004 album *One Day Remains*. In the album the single stands alongside fan favourites such as *Metalingus* and *Broken Wings*. Although, while *In Loving Memory* shares the same classic post-grunge sound we all associate with the band, it presents a more sorrowful and sensitive side to Alter Bridge that we don't see in singles like *Find The Real* and *Metalingus*.

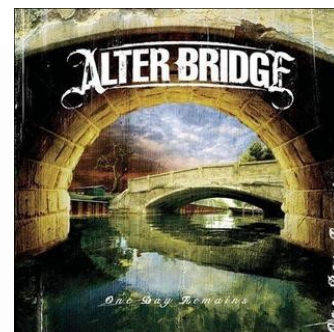
The song was written as a tribute to lead guitarist Mark Thomas Tremonti's mother who sadly passed two years before the album's release. This explains the doleful lyrics such as "You still live in me. I feel you in the wind, you guide me constantly." The grief also explains the soft yet somewhat sombre melody the song both begins and ends with.

This melody is followed by a rather simple chord sequence of G, Em, D, C just before the first verse comes in. The simplicity of the chords lead me to believe they focused on powerful lyrics that successfully conveyed the emotions they were trying to convey, and a pleasurable, fulfilling sequence rather than flaunting the prodigious soloing talent we see in singles such as *Blackbird*.

As the song goes on however, we see a smooth transition from this soft, soothing tone into a more familiar, powerful sound after the second pre-chorus. I use "smooth" very deliberately as the way Alter Bridge execute this transition is incredible. The slow build up from the use of only guitars to the introduction of the drum in the first pre-chorus, along with several teasers of Myles Kennedy's powerful and compelling voice in the pre-choruses allow listeners to be drawn in by the subtle yet effective changes the song leads them through.

Despite the slow build up, the change of Kennedy's voice over the quietened guitar we've heard throughout the song up until this point versus over the heavier sound seen throughout the band's career seems rather sudden. Over this change, Kennedy sings "I can't believe you're gone," presenting the frustration and need to unveil his thoughts and emotions.

The change is a sweet reminder of the typical Alter Bridge sound and reminds fans where their love for the band began and why it continues. *In Loving Memory* allows fans to see the capability of the band, just how impressive and musically talented the members are, it allows for a more sensitive side to be seen and an important message to be spread. For these reasons it's easy to see why *In Loving Memory* has become one of the iconic and most favoured songs of Alter Bridge's career.



The next edition of the Fullhurst Forum...

The next edition of the Fullhurst Forum will be published in the Summer Term and we need creative individuals to get involved with writing, drawing and designing for the newspaper!

This will look GREAT on UCAS College Applications and it's a good way to extend your CV. Anyone who has a passion for English can get involved – we are looking for students who are passionate about creating something special.

Please send articles or ideas to Miss Dolan (idolan@fullhurst.leicester.sch.uk) or drop in to Room 222 in order to have your work included in the next edition of the Fullhurst Forum. Newspaper Club takes place in Room 222 on Thursday lunchtimes.

- Current Affairs
- Red Button Topics
- World News
- Sports around school/nationwide
- Reviews
- Opinion Pieces
- Graphics
- Designers
- Jokes Section
- Art Work
- Graphic Novels
- Creative Writing & Short Stories

** Deadline 6th June 2019 **

The image is a graphic advertisement for 'The Fullhurst Newspaper'. At the top, the title 'The Fullhurst Newspaper' is written in large, bold, white letters. Below it, a red banner contains the text 'YOUR CHANCE TO BE PUBLISHED!'. In the center, there is a stylized illustration of a newspaper with the title 'THE FULLHURST FORUM Your Newspaper' and the date 'Friday, April 8, 2015'. Below the newspaper illustration, the text 'Can YOU help write articles, or help with publishing or editing our paper?' is written in yellow and white. Further down, it says 'This is a great opportunity for budding writers and journalists to develop professional writing skills and will allow responsible expression of ideas to a wider audience.' At the bottom, it states 'Meeting Thursday Lunchtimes R146' and 'First meeting Thursday 29th November'. A yellow banner at the very bottom contains the text 'For more info please see: Miss Dolan, Miss Seton and Miss Chowdhury.' The background of the graphic is a blue gradient with some faint, overlapping text from the newspaper illustration.