

Ref SW/EL  
03 February 2020

Dear Parent/Carer

I am writing to inform you about Sex and Relationship Education (SRE) lessons taking place at Fullhurst.

These lessons are planned to take place during the Spring/Summer Term and will mean during that time all Year 7 Students will receive an hour long lesson, delivered by externally accredited providers from Leicester University.

The purpose of SRE is to prepare pupils for the physical and emotional changes of growing up; to give them the knowledge and skills to make informed and healthy choices; to build their confidence and skills to deal with situations they may encounter; to help them to stay safe and know where and how to ask for help if needed. Sessions will cover bodily changes, relationships & abuse, sexual orientation & gender identity.

At times, carefully chosen external visitors and speakers may contribute to the programme. In these cases, lesson content will be agreed in advance and visitors will always be supervised by a member of school staff.

Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the school's sex education programme, please contact your child's Head of Year by 14<sup>th</sup> February 2020.

Yours faithfully



Mr S Willcock  
Assistant Principal